



Run for Fun!

Join our kids' 5k training team...

an inclusive team for children of all different ages and abilities.

This is a great opportunity to be part of a fun summer running program and learn about perseverance, courage, and commitment.

It is going to be the most fun summer yet!

Coach Natalie Pesce will be leading a 10 week kids' team training program for the Santa Rosa Marathon 5K, which will also be a fundraiser for Matrix!

With registration, each child will receive the following:

- ▶ Free registration to Santa Rosa Marathon 5K race
- ▶ 10 week training program
- ▶ Weekly team training runs
- ▶ Team training t-shirt

**Training begins June 20th,
5k race day is August 26th**

You can sign up at matrixparents.org, and for more information email kristiea@matrixparents.org




parent network
+ resource center



www.matrixparents.org

Matrix Parent Network and Resource Center is a 501(c)3 nonprofit organization providing support and resources to families who have children with special needs.