



Special Needs Youth Summer Running Program

an inclusive summer running program for kids with, and without special needs.

Siblings, family, and friends are encouraged to participate!

Coach Mark Drafton of Santa Rosa Express will be leading a 10 week kids' team training through the summer, in preparation for The Santa Rosa Marathon 5K.

With registration, each child will receive the following:

- ▶ Free entry for The Santa Rosa Marathon 5K race
- ▶ 10 week training program, and expert coaching from some of the best!
- ▶ Weekly team training runs
- ▶ Team training t-shirt

**Training begins June 5th,
5k race day is August 25th**

You can sign up at matrixparents.org, and for more information email kristiea@matrixparents.org



www.matrixparents.org

Matrix Parent Network and Resource Center is a 501(c)3 nonprofit organization providing support and resources to families who have children with special needs.