



## A Letter from the Matrix Board President

The Matrix Board is actively seeking new members to join us in creating a vision for Matrix as it helps empower families who are raising children with special needs in Marin, Napa, Sonoma, and Solano counties.

### ***I am a parent with no board training, how can I help?***

The most important contribution you can offer is your perspective as a parent raising a child with special needs. You can, for example, help evaluate if programs are meeting the needs of the families Matrix serves. You can provide support and insights to new parents who are beginning their journey to learning how to navigate the health and school services available to them.

### ***How much time do I need to commit if I am on the board?***

The Board currently meets once a month, generally for about two hours. Board members attend meetings online (by phone and virtual meeting room) and in person once a quarter. Members contribute additional time to projects according to their schedules. As with any volunteer activity, you control your time. Our board members spend between five to ten hours a month helping Matrix fulfill its mission!

### ***I have never done fundraising, will I have to if I join the board?***

Fundraising is a big part of how board members help Matrix. There are many different ways to support the agency's fundraising activities: attending events, writing personal notes on fundraising letters, making phone calls, introducing/meeting with local businesses to help secure sponsorship donations, or co-hosting a fundraising event. (Making a donation is good too!) Directors are simply asked to help in ways that are comfortable for them.

### ***What will I get out of being a Director?***

For me, I'm proud that my input has enabled Matrix to help many families deal with the challenges of raising a child with special needs. As a Director, you not only offer your experience and expertise but you gain experiences that can help you grow personally and professionally.

So, if you've ever thought that you'd like to do something to give back in your community, please consider serving on our Board. Feeling shy about joining? Ask a friend to join with you. For more information, you can email me directly at [alexis@alexislynchlaw.com](mailto:alexis@alexislynchlaw.com)

~ Alexis Lynch, President, Matrix Board of Directors

Nora Thompson  
EXECUTIVE DIRECTOR

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