



Empowering families of children with special needs since 1983

Helpline 800.578.2592

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Planning for Transitions

Knowing what to expect...

Whether our children are transitioning to preschool, kindergarten, middle school, high school, or life after high school, change is change. For many children with special needs, change isn't something that feels comfortable. When our children are facing something challenging, the challenge very often spills onto us as parents.

Planning ahead for transitions can make them more manageable. Knowing what to expect and thinking about how special education can support our children through these transitions helps. Managing our own stress so it doesn't spill onto our children also helps.



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Guest Feature:
[The Nuts and Bolts of Conservatorship](#)

Alexis Lynch, Attorney at Law



[Upcoming Matrix Events Related to Transition Planning](#)

[More Information on Transitions](#)

Community Events

February 21
Children and Families Policy Forum in Solano

February 26
Marin Special Education Advisory Committee Meeting

March 4
Warriors Special Needs Family Appreciation Night In Oakland

Upcoming Matrix Events Related to Transition Planning:

Mindfulness Based Stress Reduction Overview:

Corte Madera

Thursday, March 5

Navigating Disability Systems:

Vallejo

Monday, March 9

Vacaville

Tuesday, March 10

Understand Your Child's IEP Document:

Español

Santa Rosa

Wednesday, February 25

English

Novato

Thursday, March 12

Transition to Kindergarten & Special Education

Novato

Saturday, March 14

Special Education Transition Plans: From IEP to Adult Living

Novato

Saturday, March 21

More Information on Transitions

Transitions in the Early Years

Transitions and Special Education

Transition to Adulthood

March 15

SibShop in Marin

March 17

Community Advisory
Committee for Special
Education in Sonoma

Etrenamiento en Español

Venga Aprender a Entender
el Papeleo del IEP de Su Hijo

Miércoles, Febrero 25

Miércoles, Marzo 25

Mas Información en la
Planificación Para la
Transición:

Infantes a Tres Años

En Escuela:

Pre-escolar al Kinder

A La Escuela Intermedia

A La Escuela Secundaria

Transición a la Adultez

Development



Get Your Golf On!

Matrix's 4th Annual Golf Tournament will take place April 24th, 2015 at the [Windsor Golf Club](#).

This promises to be a fun day supporting families with special needs throughout Marin, Sonoma, Solano, and Napa counties. Whether you'd like to golf, volunteer, sponsor, donate, or just join us for dinner, we can't wait for you to join us! [Click here for more information!](#)

Not a golfer? For more information on how you can be involved, [Email Joanne Ferris](#), our development director, or call her at 415-475-2118.

Come and join us! "Our Kitchen Table" is our monthly giving program. A modest monthly gift can add up to change lives!

It couldn't be easier – [Click Here to find your seat at our table!](#)



En Español

La Planificación Para Las Transiciones

Si nuestros hijos hacen el transición a la educación preescolar, Kinder, escuela secundaria, o la vida después de la secundaria, el cambio viene. Para muchos niños con necesidades especiales, el cambio no se siente cómodo. Cuando nuestros hijos se encuentran a algo desafiante, el reto muy a menudo de derrama sobre a nosotros como padres. Planificación con anticipación para las transiciones puede hacer los más manejable. Saber qué esperar y pensar en cómo la educación especial puede ayudar a nuestros hijos a través de estas transiciones ayuda. La gestión de nuestro estrés para que no se derrame sobre nuestros hijos también ayuda.



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