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Empowering families of children with special needs since 1983

Helpline 800.578.2592

December 2015 Express

A Few of My Favorite Things



- F = Family.** Always tops on the list.
- A = Adventure.** Seek something new every day.
- V = Vision.** Allow yourself to see how things can be.
- O = Open-mindedness.** Your next idea may be the best.
- R = Reading.** Read and be informed. Read for pleasure.
- I = Individuality.** Be yourself. Everyone else is taken.
- T = Tolerance.** Accept everyone's differences.
- E = Empathy.** Walk a mile in someone else's shoes.

- T = Time.** Enjoy each moment. They pass so quickly.
- H = Helping others.** Help always and often.
- I = Inspiration.** It's the spark that drives great things.
- N = Needs.** Needs make it OK to ask for help.
- G = Giving.** Holidays are all about giving to others.
- S = Spontaneity.** It's a source of life's happy surprises.

A Few of My Favorite Things in the Early Years

"Raindrops on roses and whiskers on kittens" ...

Hearing those Sound of Music lyrics brings you back to a much simpler time, a time before you were dropped into the special needs world.

DONATE
to Matrix

[Embrace the Child
You Have](#)

[En Español](#)



**The Santa Job is
Sometimes Hard....**

As the mom of a daughter with pretty significant disabilities, the holidays were always challenging.

[Read More in English...](#)

Es difícil estar Santa

A medida que la madre de una hija con discapacidad bastante significativas, las fiestas eran siempre un reto.

[En Español...](#)

**Upcoming Matrix
Trainings, Workshops &
Events**

[English: Independent Living:
Preparing Your Student for](#)

But here is where you find yourself. A world full of complications you could never even imagine. Your favorite things now might be hearing your toddler say her first words at three years old, watching your little one walk at two, feeling your low muscle toned baby latch on to breastfeed after countless attempts.

Your favorite things may well change, and your acceptance and love for your child with special needs will grow and grow. Hold fast to that this holiday season. You are blessed, beyond any list of favorite things.

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Upcoming Matrix Trainings, Workshops & Events

Advocating for Your Child with Special Needs

January 12th

Novato Matrix Office
94 Galli Drive, Suite C
Novato

[Click here for more information and to register](#)

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Independent Living: Preparing Your Student for Adult Life

Education and training to develop practical life skills that are imperative to independent living

January 25th

Vallejo JFK Library
505 Santa Clara Street
Vallejo

Un traductor español estará presente en este entrenamiento

[Click here for more information and to register](#)

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On Regional Center Services and Eligibility
Presenter: Pamela Madden Krall, Training and Information Manager, North Bay Regional Center

January 28th

Suisun City Library

[Adult Life](#)

[Español: Vida Independiente: Preparando su Estudiante Para la Vida Adulta](#)

[On Regional Center Services and Eligibility](#)

[English: Advocating for your child \(English\)](#)

[Español: Abogando para su Estudiante con Necesidades Especiales](#)

[Erik Weber Event](#)

[Hops & Harmonies Event](#)

Matrix News

Good tidings! Peace on Earth, goodwill to all.

Ways To Give



[Help a Family. Help a Child](#)

Community Events



Social Skills Development and "Theory of Mind" -

A behavioral journey through specific CVAP curriculum

[Wednesday, December 16th](#)

Children's Nurturing Project (CNP) Monday Nights - Pizza Night at Pietro's

[Monday, December 21st](#)

Sensory Sensitive Film Screenings

[Saturday, December 26th](#)

601 Pintail Drive
Suisun City

[Click here for more information and to register](#)

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Embrace the Child You Have

A conversation with Erik Weber and Sandy Weber.



Sunday, January 24, 2016

The Lark Theater, Larkspur

[Click here for Ticket information](#)

Come hear their inspirational story of overcoming all odds and seeing a young man with autism reach his full potential.

When Erik Weber was 5 years old, his mom, Sandy Weber, was told her son would never progress cognitively beyond 18 months due to his autism. Today he is a practicing attorney in San Diego and a gifted long distance runner.

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Hops & Harmonies

Raise a glass and tap a foot on this special evening of locally crafted brews and harmony blends at Lagunitas Taproom and Beer Sanctuary in Petaluma.

Tuesday, January 26
5:30-8:30 PM



\$15 in advance

\$20 at the door

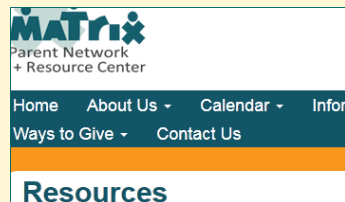
[Click here for Ticket information](#)

- Enjoy local music—Vardo and O Happy Dagger, both of whom feature Matrix employees as musicians!

Showing monthly at 10 am on the last Saturday of each month at Airport Stadium 12 in Santa Rosa

[Visit our Calendar](#) for more community events

Explore Our Resources



Resources

- [Information by topic](#)
- [Matrix Newsletters](#)
- [Links to Key Public Agencies](#)
- [Matrix Libraries \(in our offices\)](#)

Connect Online!

[Like us on Facebook](#)

[Join our Matrix Big Tent](#)

A safe online community for Matrix parents/guardians only



[Facebook](#)



[Twitter](#)



[Flickr](#)



[Big Tent](#)

Check out our 3 Facebook support groups!

[Sonoma](#)

[Marin](#)

- Taco bar dinner included
- Support Matrix

All proceeds from beer sales go directly to Matrix.

Ways to Give

Help a Family, Help a Child

[Please give to our Annual Fund](#)



Help us to continue to empower families of children with special needs to understand and successfully access the systems that serve them.

Together, we are giving parents and caregivers hope as they raise their children to reach their highest possible potential.

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Matrix News

Sending holiday cheer...from Matrix with love!



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En Español

Ofrecimiento en Enero

**Próximos Entrenamientos y Talleres de Matrix
Vida Independiente: Preparando su Estudiante Para la
Vida Adulta**

 **Forward**

Habilidades de Vida Independiente Educación y capacitación para desarrollar habilidades prácticas para la vida que son imprescindibles para la vida independiente:
Entrenamiento en Español es disponible por traductor

25 enero

Oficina Matrix de Novato

[Haga cliq aquí para mas información y para registrar](#)

[Volver arriba](#)

Abogando para su Estudiante con Necesidades Especiales

27 enero

Oficina Matrix de Novato

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