





A training video offered by Matrix Parent Network and Resource Center.

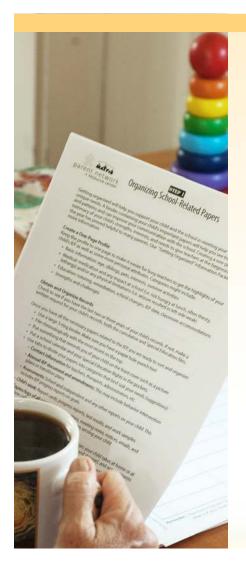
Developed by:

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Sponsored in part by:

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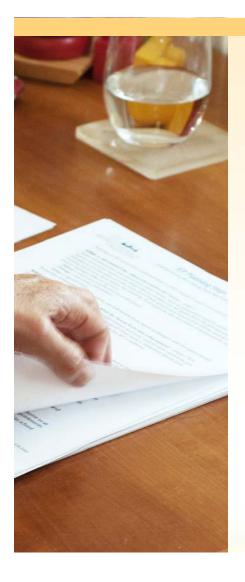




## Overview

Would you like a clearer picture of what it feels like to sit in an Individual Education Plan (IEP) meeting?

Want to learn more about Matrix Parent Network and Resource Center and how we can help?





# **Training Sections:**

- ♦ Who is Matrix?
- ♦ Special Education and IEPs
- ♦ IEP Timelines
- → IEP Meetings

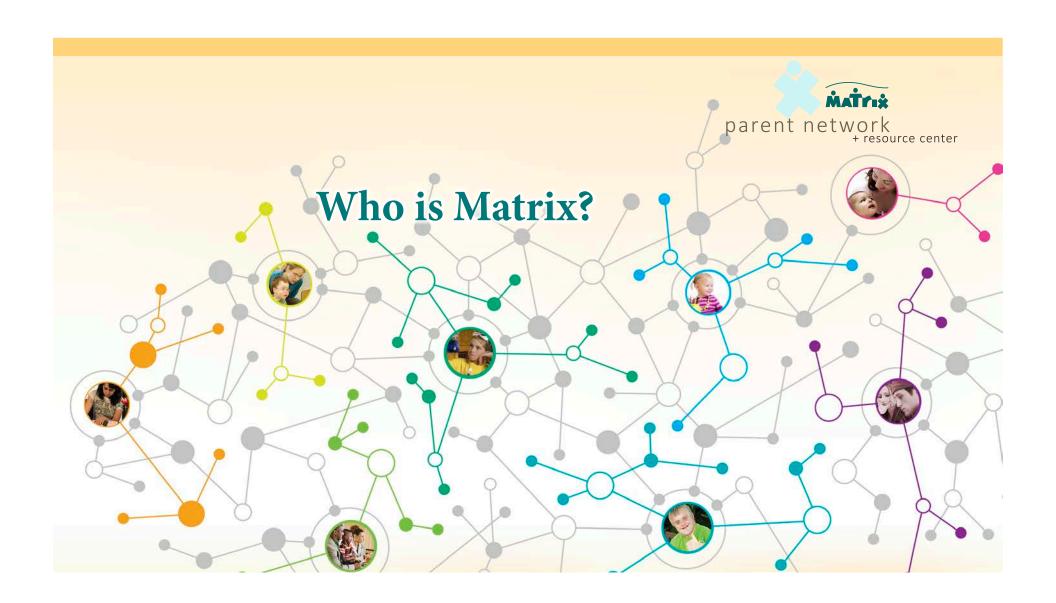




# A Brief History of Matrix

Matrix was founded in 1983 by three mothers gathered around a kitchen table to share the challenges, heartbreak, frustrations, and joys of raising a child with special needs.

We have continued in this tradition for over 32 years.







## Who is Matrix?

A Federally Funded Parent Training & Information Center serving families of children birth through 26 H328M150030-15

A California Family Resource Center serving families of infants and toddlers

H181A140037

A California Family Empowerment Center serving the underserved in Napa, Solano, and Sonoma Counties H027A150116





## Who is Matrix?

**Our Mission Statement:** 

Empowering families of children with special needs to successfully understand and access the systems that serve them.

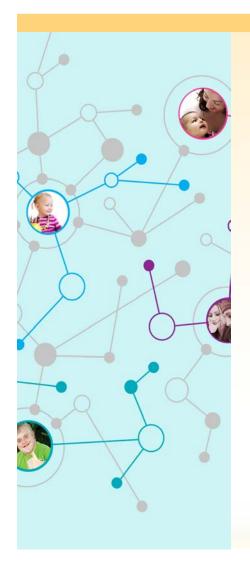




## Who is Matrix?

### Matrix serves four California counties:

- ♦ Marin
- ♦ Napa
- ♦ Solano
- ♦ Sonoma





## Who is Matrix?

Matrix Parent Advisors are parents of children with special needs or have experience working in the special education world providing parent-to-parent support and information.

CALL: 800-578-2592





## Who is Matrix?

### **Matrix Parent Advisors:**

- ♦ Support and inform families.
- Assist families in finding referrals.
- Empower families to become their child's best advocate.



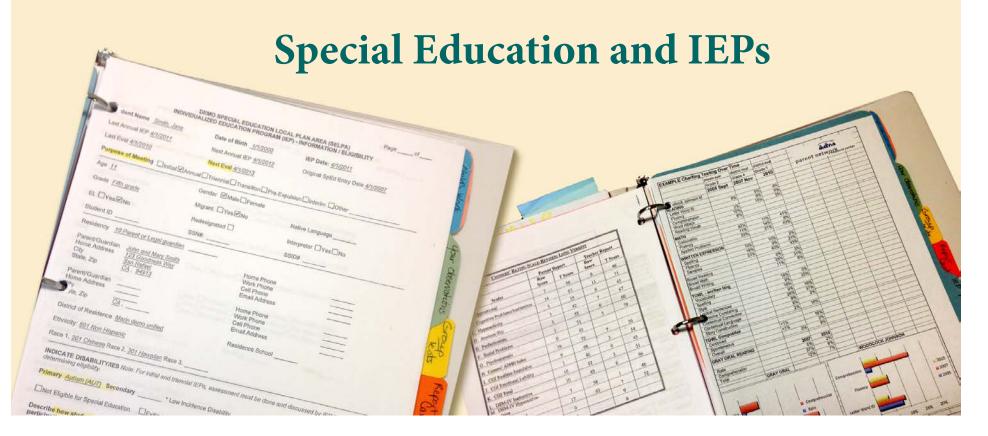


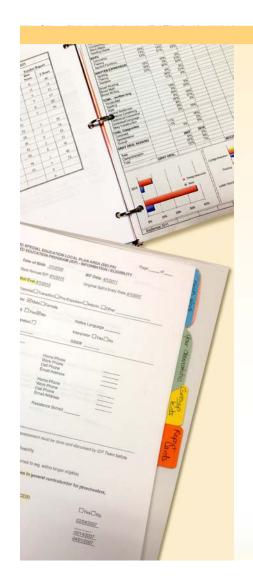
## Who is Matrix?

Matrix Parent Advisors do not provide legal advice or advocate a course of action.

We are not attorneys.









# Special Education and IEPs

The Individual Education Plan (IEP) is a part of Special Education.

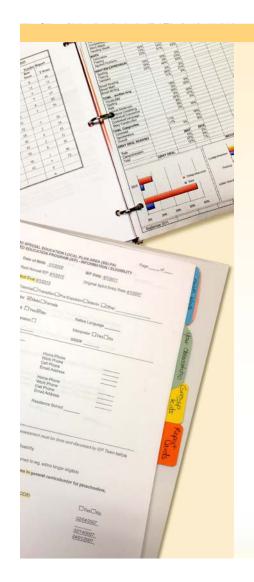
Students use this plan to make progress in ways that work for their specific learning needs.





# Special Education and IEPs

Special Education refers to specialized instruction services that help individual students to better access the general education curriculum to benefit from their education.

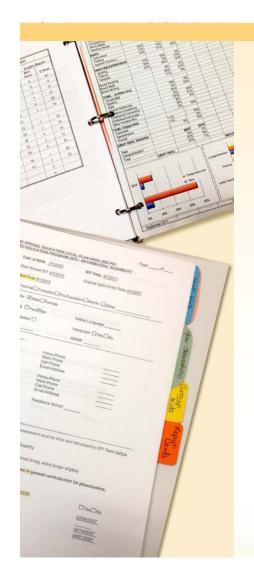




## Special Education and IEPs

A student is eligible for a Special Education IEP from age 3 until age 22 unless:

- Exited due to ineligibility (parent or guardian must sign in consent).
- ♦ Graduated with a diploma.





# Special Education and IEPs

Little ones from birth up to age 3 may be eligible for early intervention services through California's Early Start Program.

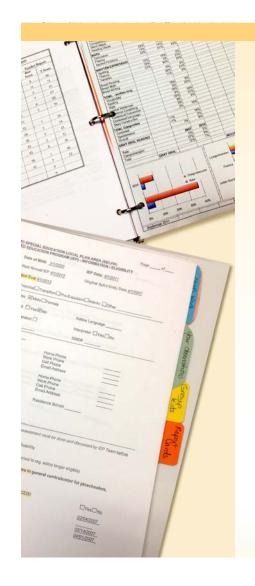
Each child in Early Start has an Individual Family Service Plan (IFSP).





# **Special Education and IEPs**

There are six principles of of the federal law known as IDEA, the Individuals with Disabilities Education Act.

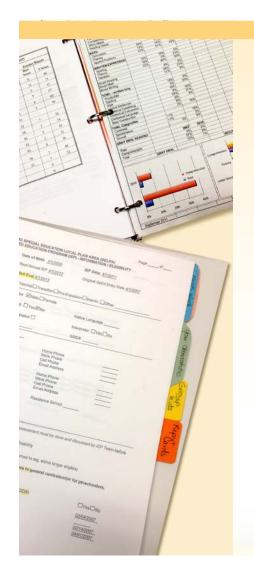




# Special Education and IEPs

### Six principles of IDEA:

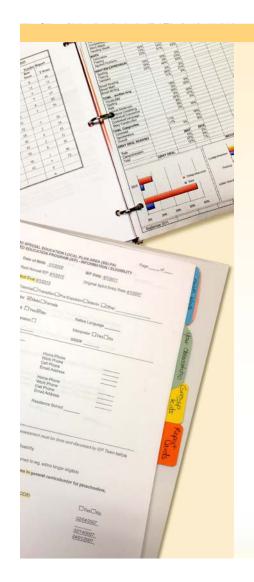
- 1) Free and Appropriate Public Education (FAPE)
- 2) Appropriate Evaluation
- 3) Individualized Education Plan (IEP)
- 4) Least Restrictive Environment (LRE)
- 5) Parent/Student Participation in Decisions
- 6) Procedural Safeguards





# Special Education and IEPs

Special education is not a "place" or a "classroom" but a set of educational services designed to meet the unique needs of an eligible student.

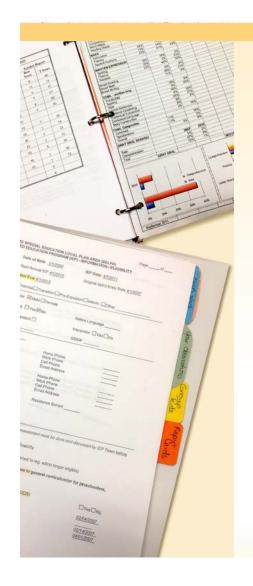




## Special Education and IEPs

### To be eligible for Special Education:

- Students must meet the criteria of one of thirteen eligibility categories.
- Student disability must adversely affect educational performance.
- Student requires special education/related services to benefit from education.

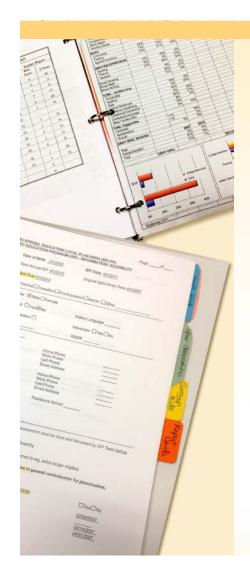




# **Special Education and IEPs**

### Thirteen categories for Eligibility

- 1) Specific learning disability (Dyslexia, dysgraphia, etc.)
- 2) Speech & language (Speech production or comprehension disorders like Apraxia, speech delay)
- 3) Other health Impairment (ADHD can fall under this category)
- 4) Emotional disturbance (Depression, Anxiety)



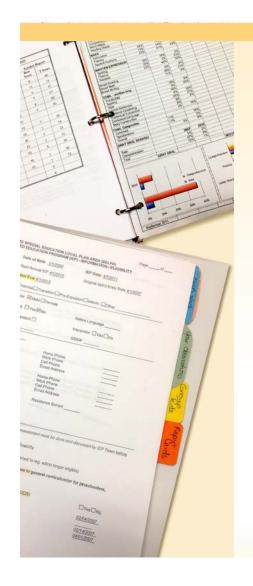


# Special Education and IEPs

### Thirteen categories for Eligibility (continued)

- 5) Autism
- 6) Intellectual Disability
- 7) Hearing Impairment
- 8) Deaf/Blindness
- 9) Orthopedic Impairment (physical)

- 10) Traumatic Brain Injury
- 11) Visual Impairment
- 12) Multiple Disabilities
- 13) Deaf

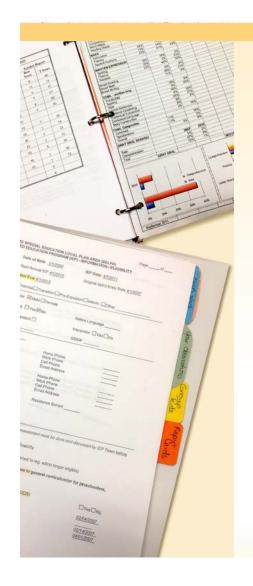




# Special Education and IEPs

### An IEP is a legal written document that includes:

- Present level of performance.
- Assessments.
- Specialized Instruction goals.
- Related services such as Speech and Language (SLP), Occupational Therapy (OT), others...





# Special Education and IEPs

### An IEP also documents:

- ♦ Duration and Frequency of Related Service(s).
- Placement: where services are to be delivered.
- Parent/Guardian Consent: your signature.

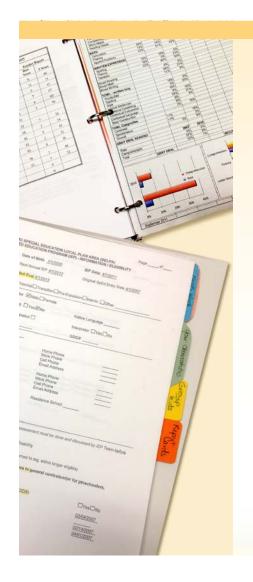




## Special Education and IEPs

### IEPs are developed in IEP Meetings. The team:

- Reviews the school's assessment.
- Considers independent assessments, doctors' reports or other pertinent information in order to determine eligibility or appropriate services.
- Listens to and values your knowledge of your child's strengths and challenges. Share this with the IEP team.





# Special Education and IEPs

A Behavior Intervention Plan (BIP) is required if behavior "impedes" the learning of self or others.







## **IEP Timelines**

To qualify for an IEP, your child will need an assessment. Getting an assessment requires:

- Written request by parent/guardian, teacher. Letter should state specific concerns (Matrix has a sample).
- School response, in writing, within 15 days with assessment plan or written denial called "Prior Written Notice".
- ♦ Parent/guardian consent for the assessment plan.





## **IEP Timelines**

### **Assessment Timelines:**

- District response to a request for assessment: 15 days
- After signing in agreement to the assessment plan: 60 days to have an IEP meeting and review results





## **IEP Timelines**

### **Transition Times:**

Every transition can be a time of stress...fear of the unknown. You'll learn about tools and strategies along the way that will help you.





## **IEP Timelines**

### **Transition Times:**

If you're soon to arrive at one of these key transition points, call the Matrix Helpline at **800-578-2592**.





## **IEP Timelines**

### **Transition Times:**

Under IDEA (the Individuals with Disabilities Education Act), Transition to Preschool from Early Intervention and Transition to Adult Services have specific timelines that must be met.

Knowing what is ahead is a good first step.





## **IEP Timelines**

### **Transition Times:**

- 1) Early Start to Preschool (has a specific timeline)
- 2) Preschool to Kindergarten
- 3) Elementary to Middle School
- 4) Middle School to High School
- 5) Transition to Adult Services (has a specific timeline)





## **IEP Timelines**

### Transition to Adulthood Planning:

- Must begin no later than age 16.
- Is a coordinated set of results-based activities written into the Individual Transition Plan (ITP), which is part of the IEP.
- Is based on student needs, preferences, interests.
- Includes Education, Employment, and Independent Living Goals.
- ♦ Includes a summary of achievement required at exit.



# **IEP Meetings**







## **IEP Meetings**

The IEP is developed by a team of which you are an important member:

- ♦ IEP meetings are held annually.
- Parents may request a meeting anytime.
- The district must hold the meeting within 30 days of request.





## **IEP Meetings**

# Best Practice — all required members of the team attend:

- ♦ Parent(s) or Guardian
- District Representative
- Classroom teacher, Special Ed Teacher
- Other specialists: SLP, OT, Psychologist
- Student as part of the team





## **IEP Meetings**

### Be Prepared! Check out our online materials.

- Go to our website, www.matrixparents.org
- Click on "Information by Topic"
- ♦ Select the "School Issues" link





## **IEP Meetings**

### Your role as an informed part of the team is to:

- ♦ Collaborate and communicate.
- Be organized review records and assessments, keep work samples and teacher notes, etc.





## **IEP Meetings**

## At the meeting:

- ♦ Keep an open mind.
- Remember the child's interest, rather than your position.





## **IEP Meetings**

### At the meeting:

- ♦ Ask for introductions.
- ♦ Find out how much time is allotted.
- ♦ Take notes and breaks if needed.
- ♦ Ask questions and acknowledge good effort.
- Always ask for specifics.





## **IEP Meetings**

When signing the IEP, know what you are signing and keep in mind that:

- ♦ This is a legal document.
- Some signatures are for attendance only.
- ♦ You can consent to part, all, or nothing.
- ♦ You can take it home to read/think about it.





## **IEP Meetings**

## Always remember to:

- ♦ ASK QUESTIONS NOW, NOT LATER
- ♦ GET IT IN WRITING
- ♦ PUT IT IN WRITING





## **IEP Meetings**

### **Resolving Problems:**

- ♦ Solve as close to source as possible
- Communicate your concerns
- ♦ Be clear and calm
- Document your process
- Utilize administrative hierarchy
- Work to preserve relationships





# **Training Take Aways:**

- Ask questions now, not later.
- Request assessments in writing.
- Document your process.
- As Parent/Guardian, you are an equal member of the IEP Team.
- Your signature and consent are required on the IEP document.