

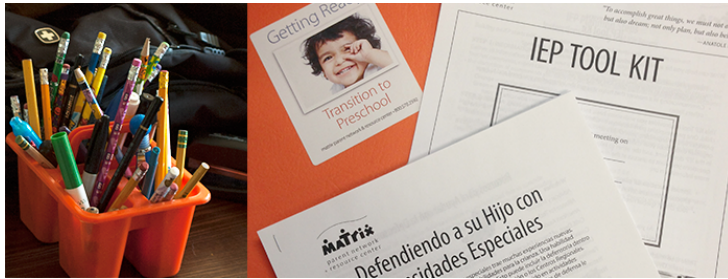


Empowering families of children with special needs since 1983
Capacitar a las familias de niños con necesidades especiales desde 1983

Helpline 800.578.2592

August 2017 Express

Celebrating the End of Summer and the Beginning of the New School Year



With summer almost over, it may be hard to believe we were so looking forward for school to be over and the freedom of summer to begin. Have your kids thrived? Have you survived? Long vacations are sometimes a mixed bag for families of children with disabilities.

As such, you may find you could use a bit more support as you ready your child (and yourself!) for another school year. And Matrix is here to help.

Are you interested in connecting with a "been-there-done-that" parent? Matrix has a new program called P2P (Parent-to-Parent) where we match you with a parent of a child with special needs who has been trained to provide emotional support to other parents of children with special needs.

Give us a call if you're interested in joining. You might just make a friend for life!

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**DONATE
to Matrix**

[En Español](#)

Upcoming Matrix Events

Matrix Milers

Run, Jog, or Walk for Children with Special Needs! [Click here and learn more!](#)

[Join us as a "virtual runner" and help us fundraise!](#)

Matrix Mighty Milers

This **FREE** program is filling up quickly. [Click here and sign up today!](#)

Upcoming Matrix Trainings & Workshops

ENGLISH TRAININGS

IEP Basics

- [Novato](#)
- [Santa Rosa](#)
- [Vacaville](#)



Celebrating the Early Years While Learning About Transitions

If your little one will soon be turning three years old, congratulations! Three years old is an exciting time of development. If you find yourself needing guidance to understand this transition, there are steps you can take to educate yourself and seek emotional support.

Call Matrix to schedule an “Early Years” individual consultation. A Parent Advisor can help you to:

- Understand the differences between an IFSP (Individualized Family Service Plan) and IEP (Individualized Education Plan)
- Review your child’s assessments and paperwork
- Connect with local community support groups
- Learn about our P2P (Parent-to-Parent) program

Change can seem exciting and daunting all at the same time. Surrounding yourself with emotional support and resources will empower you to face these changes with confidence.

When we as parents feel supported, it's easier for us to help our little ones adjust to transitions. Please check in with Matrix for upcoming fall 2017 trainings that will help you prepare for your little one to enter their preschool years.

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Upcoming Matrix Trainings, Workshops, and Events

ENGLISH TRAININGS

IEP Basics

[Friday, September 8](#)

94 Galli Drive, Suite C, Matrix Office, Novato

[Tuesday, September 19](#)

Vacaville Public Library, Vacaville

[Friday, September 22](#)

Sonoma County Office of Education, Santa Rosa

Advocating for Your Child with Special Needs

- [Novato](#)
- [Santa Rosa](#)
- [Vacaville](#)

Conservatorship

- [Novato](#)
- [Santa Rosa](#)

Q&A with Special Education Attorneys

- [Novato](#)

SPANISH TRAININGS

Fundamentos Básicos del IEP / IEP Basics

- [Novato](#)
- [Santa Rosa](#)
- [Suisun City](#)

Abogando por su Estudiante con Necesidades Especiales

- [Novato](#)
- [Santa Rosa](#)
- [Suisun City](#)

Conservacion

- [Novato](#)

New Offering Coming



Confused? Frightened?
Feeling like no one else
understands what you are
going through?

[Click here to read more](#)

Advocating for Your Child with Special Needs

[Tuesday, October 3](#)

Vacaville Public Library, Vacaville

[Friday, October 6](#)

Sonoma County Office of Education, Santa Rosa

[Friday, October 13](#)

94 Galli Drive, Suite C, Matrix Office, Novato

Conservatorship

[Thursday, September 28](#)

94 Galli Drive, Suite C, Matrix Office, Novato

[Thursday, October 5](#)

Sonoma County Office of Education, Santa Rosa

Q&A with Special Education Attorneys

[Wednesday, October 11](#)

94 Galli Drive, Suite C, Matrix Office, Novato

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EVENTS

Matrix Milers needs help to raise \$10K by the end of August!

Please join our fundraising team as a “virtual runner” and help us fundraise! [Click here and set up a fundraising profile](#) and **start sharing away on Social Media!**



Our Matrix Milers fundraising started weekly training runs on June 4th, but you can still sign up! [Click here to find out how!](#)

[Click here to read more about P2P.](#)

[Click here to get started by emailing Sandi Strang.](#)

Please include your full name and contact information.

En Español

[Haga clic aquí para leer más sobre P2P.](#)

[Haga clic aquí para empezar por correo electrónico Sandi Strang.](#) Incluya su nombre completo e información de contacto.



Resources from Matrix Parent Services

(English only at this time)

[20 Things Every Parent of Kids with Special Needs Should Hear](#)

By Dr. Darla Clayton, PsyD

[10 Reasons Special Needs Parents Should Join a Support Group](#)

By Esther Leung, special needs consultant

[Transition from Early Intervention Services \(IFSP\) to Preschool Services \(IEP\)](#)

PEAK Parent Center

Support Matrix

Help Bernstein Orthodontics to help Matrix during the month of August!

For every share and “like” [Bernstein Orthodontics](#) will donate \$1 to Matrix! [Help us spread the word by going to this post on Facebook.](#)

Posts



The Matrix Mighty Milers is an inclusive summer running program for kids of all ages and abilities. They will train weekly for The Santa Rosa Marathon 5K which is on August 26. Practices began on Tuesday, June 20. This is a **free program** and is filling up quickly. [Click here to sign up today!](#)

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Ready, Set, Grow! Beer Festival August 26

Come out to the [Ready, Set, Grow! Beer Festival](#) on August 26 in Old Courthouse Square, Santa Rosa. Part of the proceeds will go to Matrix!



For the month of August, [Bernstein Orthodontics](#) is raising money for Matrix! [\\$1 goes to Matrix for every like and share!!](#)

Join Our Monthly Giving Program



Your \$20 a month provides **support to 12 families a year.** [Click here to join.](#)

Community Events



Family Voices of California Survey

If you're a parent/caretaker of a child enrolled in a CCS program that will be participating in the Whole Child Model, [Family Voices of California*](#) invites you to [participate in this](#)

[anonymous survey](#)

En Español

Celebrando el Fin del Verano Y el Comienzo del Nuevo Año Escolar

Con el verano casi terminado, puede ser difícil creer que estuvimos tan ansiosos de que la escuela terminara y la libertad de comenzar el verano. ¿Han prosperado sus hijos? ¿Ha sobrevivido? Las largas vacaciones son a veces una bolsa mixta para las familias de niños con discapacidades.

Como tal, usted puede encontrar que podría utilizar un poco más de apoyo mientras prepara a su hijo (y a usted mismo!) Para otro año escolar. Y Matrix está aquí para ayudar.

¿Está interesado en conectarse con un padre que "ha estado allí - ha hecho que"? Matrix tiene un nuevo programa llamado P2P (Parent-to-Parent) donde nosotros le igualamos con un padre de un niño con necesidades especiales que ha sido entrenado para proveer apoyo emocional a otros padres de niños con necesidades especiales.

Llámenos si está interesado en unirse. Puede ser que haga a un amigo de por vida!

[volver arriba](#)

Celebrando los Primeros Años Mientras Aprende Sobre las Transiciones

Si su pequeño pronto cumplirá tres años, ¡felicitaciones! Tres años de edad es un momento emocionante de desarrollo. Si se encuentra necesitando orientación para entender esta transición, hay pasos que puede tomar para educarse y buscar apoyo emocional.

Llame a Matrix para programar una consulta individual "Early Years". Un Asesor de Padres puede ayudarlo a:

- Entender las diferencias entre un IFSP (Plan de Servicio Familiar Individualizado) y un IEP (Plan de Educación Individualizado)
- Revise las evaluaciones y papeleo de su hijo
- Conectarse con grupos de apoyo de la comunidad

[anonymous survey.](#)

Si usted es padre, madre o cuidador de un niño o niña inscrito en un programa de CCS que formará parte del Modelo Niñez Integral, [Voces de las Familias de California \(Family Voices of California*\)](#) le invita a [participar en esta encuesta anónima.](#)

Father's Support Group
[September 9, October 14](#)

Tools to Use

- [Getting Organized Early Years](#)
- [Getting Organized Schoolage](#)
- [IFSP](#)
- [IEP Toolkit](#)
- [Advocating for Your Child with Special Needs](#)

Additional Resources

- [Information by topic](#)
- [Matrix Newsletters](#)
- [Links to Key Public Agencies](#)
- [Matrix Library \(in our office\)](#)

Connect Online!
[Like us on Facebook](#)

- Conectarse con grupos de apoyo de la comunidad local
- Conozca nuestro programa P2P (Padre a Padre)

El cambio puede parecer emocionante y desalentador todo al mismo tiempo. Rodeándose de apoyo emocional y recursos le dará poder para enfrentar estos cambios con confianza.

Cuando nos sentimos apoyados como padres, es más fácil para nosotros ayudar a nuestros pequeños a adaptarse a las transiciones. Por favor, consulte con Matrix para los próximos entrenamientos de otoño de 2017 que le ayudarán a prepararse para su pequeño para entrar en sus años preescolares.

[volver arriba](#)

SPANISH TRAININGS

Fundamentos Básicos del IEP

[Lunes 28 de agosto](#)

Via Esperanza, Santa Rosa

[Miércoles, 30 de agosto](#)

94 Galli Drive, Suite C, Matrix Office, Novato

[Jueves, 14 de septiembre](#)

Suisun City Library, 601 Pintail Drive, Suisun City

Abogando por su Estudiante con Necesidades Especiales

[Lunes 25 de septiembre](#)

Via Esperanza, Santa Rosa

[Miércoles, 27 de septiembre](#)

94 Galli Drive, Suite C, Matrix Office, Novato

[Jueves, 12 de octubre](#)

Suisun City Library, 601 Pintail Drive, Suisun City

Conservación

[Martes 17 de octubre](#)

94 Galli Drive, Suite C, Matrix Office, Novato

[volver arriba](#)



Facebook

**Check out our 3
FaceBook Support
Groups!**

[Marin](#)

[Solano/Napa](#)

[Sonoma](#)



Forward



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Office Location:

94 Galli Drive, Suite C

Novato, CA 94949