



Matrix Message Regarding Coronavirus

Matrix values the health and well-being of all the parents and families we serve, and all the members of our community. We care deeply about supporting those in the community and being present/available during this challenging time. Please know that Matrix is here for you and would like to provide as much support as possible to meet the needs of the communities and the families we serve.

In accordance with CDC and WHO guidelines regarding the Coronavirus, Matrix Parent Network would like to remind all collaborative partners, parents/families, and visitors to our facility, to maintain the highest level of hygienic practices. While we have not had any known cases of Coronavirus amongst staff members or participants in training/workshop events, it is still important for everyone to do his/her/their part in preventing the spread of this virus. Please follow these guidelines:

- Wash your hands thoroughly with soap and water for at least 20 seconds
- Avoid touching face, eyes, mouth, etc. to prevent spread of disease/virus
- Cover coughs and sneezes with tissue and throw the tissue in the trash afterwards
- If you are feeling ill, please stay home and take the time you need to rest and recover
- If you have any immune system deficiency, a weakened immune system, chronic illness, or are over the age of 60, then please stay home to reduce risk of contracting the virus

As a precaution, and in accordance with CDC and WHO guidelines, Matrix will be taking the following steps:

- Ensuring tissue, hand sanitizer, and other sanitation supplies are readily available
- Wiping down counter-tops, desks, frequently used surfaces, etc. prior to and after use
- Ensuring that any employees who are feeling ill have the time needed for rest and recovery
- 1-to-1 meetings will take place on the phone rather than in-person

Effective Immediately: Our in-person training and workshop events will be postponed. A new schedule will be posted on our website during the week of April 6. Please check our website or contact us directly during the week of April 6 to find the training/workshop you are looking for. Trainings will be provided remotely using “Zoom Meeting” at that time if the Coronavirus situation continues. We will help you to access the trainings you need.

We would like to also thank everyone who has provided support to the community during this time, and would like to thank the families who are working so hard to keep their children safe and healthy. We know it's not easy and we want you to know you are not alone in this endeavor.

If you have further questions about how to prevent or reduce the risk of contracting the Coronavirus then please consult your doctor or healthcare physician, and follow the guidelines and instructions of medical professionals.

Thank you all!

Steve Diamond, Executive Director, Matrix Parent Network + Resource Center

www.matrixparents.org