

My Child's Strengths and Needs Worksheet — Part I

Skill Area	Strength	Needs or concerns	What I hope for in 1 year (goals)	1-5 priority
Language				
Receptive				
Expressive				
Self-help such as dressing, toileting, eating				
Motor				
Gross (large)				
Fine (small)				
Social/ emotional and behavioral				
Play				
Pre-academic				



My Child's Strengths and Needs Worksheet — Part II

Use this worksheet to record your thoughts about your child. What works fo	r my child:
Activities my child likes best:	
My child learns best when:	
How my child's challenging behavior is best redirected:	
Three things that motivate my child:	