



Early Years Online Edition May 2020

Matrix is here to provide information and support to help you care for your little one (birth to 3). Visit the designated [Birth to 3 and Early Years](#) section on our website.



How Parents of Toddlers Can Support Social-Emotional Development

- Respond to your child's needs**
 - Understand your child's nonverbal communication and know how to respond.
 - Understand your child's verbal communication and know how to respond.
 - Support your child's emotional needs.
 - Use positive comments and language with your child.
 - Successfully redirect your child's inappropriate behaviors.
 - Understand why your child engages in inappropriate behaviors and know how to modify the environment.
- Provide predictable schedule/routines and an appropriate environment for your child**
 - Provide a mealtime routine for your child that is predictable and appropriate for your child's age.
 - Provide a rest and sleeping routine for your child that is predictable and appropriate for your child's age.
 - Provide your child with predictable limits and consequences.
 - Take time each day to play with your child.
- Provide a safe home and play environment for your child**
 - Do a safety check at home to make it safe for your child.
 - Have a safe way to transport your child.
 - Provide your child with safe care and supervision.
 - Provide access to regular medical and dental care for your child.
 - Know how to manage your feelings of anger and frustration that come up when you are with your child.
- Provide activities that match your child's development level**
 - Provide your child with books, toys, and playthings that match your child's developmental level.
 - Know the age-appropriate games that your child enjoys.

SEAM 3
This infographic was created from *Early Emotional Assessment/Evaluation Process (EEAP) Research Edition*.

Learn more at <http://bit.ly/SEAMPass>

Social-emotional development in our little ones is a great foundation for building school-age and beyond self-advocacy skills. [Click here to view large infographic on left](#) from [Brookes Publishing](#). It provides tips on how parents of toddlers can promote social-emotional development.

Check out what [Zero to Three](#) says about social-emotional development from birth to three years old.

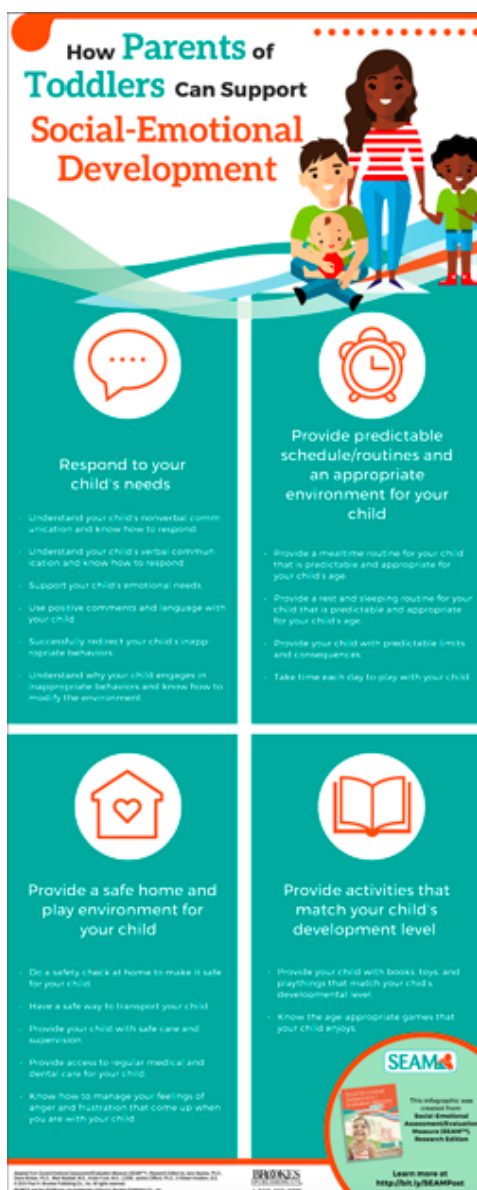
This post in “The Inclusion Lab” blog on the [Brookes Publishing](#) website is meant for early childhood teachers but useful for parents. The article covers helpful resources promoting social-emotional development for our little ones:

[10 Essentials for Promoting Young Children's Social-Emotional Development](#)



Edición en Línea de Early Years Mayo 2020

Early Years Online Edition es parte del programa Matrix Family Resource Center (FRC). Nuestro personal de FRC está aquí para brindarle información y apoyo para ayudarlo a cuidar a su bebé (desde el nacimiento hasta los 3 años). ¡Visite la sección designada desde el [Nacimiento Hasta los 3 Años](#) en nuestro sitio web y consulte esta ayuda ¡Help! Sheets (versión en Español página 2).



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This infographic was created from the Social-Emotional Assessment/Intervention Research Edition.

Learn more at <http://bit.ly/SEAM3>

El desarrollo socioemocional en nuestros pequeños es una gran base para desarrollar habilidades de autodefensa en edad escolar y más allá. [Haga clic aquí para ver una gran infografía](#) (en Inglés) de [Brookes Publishing](#). Proporciona consejos sobre cómo los padres de niños pequeños pueden promover el desarrollo socioemocional.

Vea lo que dice [Zero to Three](#) sobre el desarrollo socioemocional desde el nacimiento hasta los tres años. Esta publicación en el blog "The Inclusion Lab" en el sitio web de [Brookes Publishing](#) está destinada a maestros de la primera infancia, pero es útil para los padres. El artículo cubre recursos útiles que promueven el desarrollo socioemocional para nuestros pequeños: [10 Elementos Esenciales para Promover el Desarrollo Socioemocional de los Niños Pequeños](#)