



Integrated
Community
Services

Fall Workshop Series

Employment, Independence + Social Connection for People with Disabilities

How It Works

- Free for ICS clients: email ashley@connectics.org for coupon code
- \$20 per workshop for individuals who are not currently served by ICS. Sponsorships may be available: email ashley@connectics.org.
- Anyone with a disability can attend
- Workshops will be held via Zoom video calls. A computer or smartphone will be needed. Need support learning how to use Zoom? Let us know.
- Find workshop descriptions and calendar on the following pages
- [Sign up for workshops here](#)
- [Learn more about ICS here](#)



Questions About Workshops?

General

Call our office: 415.455.8481

Employment

Lisa Newmark

lisa@connectics.org

Independence + Social Connection

Michael Pinkerton

michael@connectics.org

Workshop Descriptions

Employment, Independence + Social Connection

Employment Workshops

Who's Hiring?

\$20 for single workshop

We'll show you how to save time by targeting your job search. You'll learn:

- About the local job market
- What types of businesses are hiring
- How to do research on your own

Finding the Right Job for Me

\$40 for two-part workshop

In this two-part series, learn the keys to a successful job search and how to:

- Search for a job online
- Network with people you know
- Learn how to use the most popular job search websites
- Match your skills and needs to the job

How to Ace That Interview

\$40 for two-part workshop

In this two-part series, learn what to say and how to say it in an interview, no matter your level of work experience.

- Uncover your confidence
- Discover how to answer difficult and traditional interview questions
- Gain practice through observation and role play in a safe setting

Independence + Social Connection Workshops

Cooking Around the World

\$20 for single workshop

Learn to cook a delicious meal right in your own home. We'll tell you the ingredients ahead of time, you do the grocery shopping and then the group will cook together while following an instructor on Zoom.

How to Build Connection

\$40 for two-part workshop

This two-part series will help you come out of your shell and connect with others. Learn how to "hang out" and how to keep friendships.

The World of Dating

\$40 for two-part workshop

This two-part series provides guidance on how to approach the world of dating and how to safely talk to people online.

Financial Literacy

\$40 for two-part workshop

This two-part series will guide you through financial basics. Learn the basics of monthly budgeting: income, expenses and creating a simple budget tracker. Learn the difference between cash, checks, debit and credit cards.

[Sign up for workshops at www.connectics.org/workshops](http://www.connectics.org/workshops)

Workshop Calendar

Sign Up for November 9-20 Workshops

Monday	Tuesday	Wednesday	Thursday	Friday
9 Who's Hiring? 2:00-3:00pm Financial Literacy Part 1 3:30-5:00pm	10 Cooking Around the World 12:30-2:00pm Finding the Right Job for Me Part 1 2:00-3:00pm	11 Finding the Right Job for Me Part 2 2:00-3:00pm	12 How to Ace That Interview Part 1 2:00-3:00pm How to Build Connection Part 1 3:30-5:00pm	13 How to Ace That Interview Part 2 2:00-3:00pm The World of Dating Part 1 3:30-5:00pm
16 Who's Hiring? 2:00-3:00pm Financial Literacy Part 2 3:30-5:00pm	17 Cooking Around the World 12:30-2:00pm Finding the Right Job for Me Part 1 2:00-3:00pm	18 Finding the Right Job for Me Part 2 2:00-3:00pm	19 How to Ace That Interview Part 1 2:00-3:00pm How to Build Connection Part 2 3:30-5:00pm	20 How to Ace That Interview Part 2 2:00-3:00pm The World of Dating Part 2 3:30-5:00pm

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