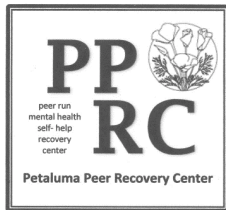


# May is Mental Health Matters Month



## Community Calendar



Interlink Self-Help Center



May 5, 2022 1:00—4:00 p.m.

### WCCS Peer Programs Open House

Join us at the **Wellness and Advocacy Center** to learn about West County Community Services Peer Programs. Learn about peer support programs and meet staff from programs located in Santa Rosa, Monte Rio, and Petaluma serving peers across Sonoma County. We will screen the movie *Crazywise* at 2:30 p.m.. This free event is open to the general public  
2245 Challenger Way Ste. 104, Santa Rosa  
Contact: (707) 565-7800

May 6, 2022 1:00—3:00 p.m.

### WCCS Screening of the movie *Crooked Beauty*

You are welcome to join **Interlink Self-Help Center** for a screening of the movie, followed by facilitated discussion.  
1033 4th Street, Santa Rosa  
Contact: (707) 546-4481

May 12, 2022 11:30 a.m.—1:30 p.m.

### WCCS Petaluma Peer Recovery Center (PPRC) Open House

Come see the **Petaluma Peer Recovery Center**, Meet the staff, and learn of all the services available.  
5350 Old Redwood Hwy N #600, Petaluma  
Contact: (707) 565-1299

May 13, 2022 1:00—3:00 p.m.

### WCCS Screening of *Healing Voices*

Join **Interlink Self-Help Center** to watch a screening of the movie, *Healing Voices*, followed by a facilitated discussion.  
1033 4th Street, Santa Rosa  
Contact: (707) 546-4481

May 13, 2022 5:00—7:00 p.m.

**Stomp the Stigma**

Latino Service Providers host this event which is an opportunity opened to the community to explore ways to practice self-care with various activities. There will be resources available to the community of all ages. Information will be provided in both English and Spanish.

Contact: (707) 837-9577

May 19, 2022 11:00—1:00 p.m.

**WCCS Screening of the movie *Crooked Beauty***

Petaluma Peer Recovery Center presents this screening with a facilitated discussion afterward.

5350 Old Redwood Hwy N #600, Petaluma

(707) 565-1299

May 19, 2022 12:00—1:00 p.m.

**Youth Promotores May Monthly Meeting**

Join us on Zoom to learn more about the Youth Promotores! Brought to you by the Latino Service Providers and Youth Promotores.

<https://us02web.zoom.us/meeting/register/tzMvcu-rrTwiGdD0xej7qYh56qpeL3uZ-teg>

Contact: (707) 837-9577

May 19, 2022 11:00—1:00 p.m.

**WCCS Screening of the movie *Crooked Beauty***

Petaluma Peer Recovery Center presents this screening with a facilitated discussion afterward.

5350 Old Redwood Hwy N #600, Petaluma

(707) 565-1299

Monday, May 23, 2022, 4:00 to 5:30 pm

**QPR (Question, Persuade, Refer) Gatekeeper Training for Suicide Prevention**

Presented by NAMI Sonoma County (National Alliance on Mental Illness)

This educational program teaches lay and professional “gatekeepers” the warning signs of a suicide crisis and how to respond. A gatekeeper can be a parent, friend, neighbor, teacher, anyone in a position to recognize and refer someone at risk of suicide. Space is limited.

Zoom Session

Register at: [https://us02web.zoom.us/webinar/register/WN\\_r7P0XsK6QuKgWCl6horLGO](https://us02web.zoom.us/webinar/register/WN_r7P0XsK6QuKgWCl6horLGO)

May 24, 2002 8:30 a.m.—5:00 p.m.

**AMSR Training**

Sonoma County Behavioral Health Division is offering Assessing and Managing Suicide Risk (AMSR). AMSR is a 6.5 hour comprehensive training for behavioral health professionals.

North Coast Builders Exchange; 1030 Apollo Way, Santa Rosa

Contact: BH-Training@Sonoma-County.org

Tuesday, May 24, 2022, 4:00 to 5:30 pm

**Lethal Means Safety Training**

Presented by NAMI Sonoma County (National Alliance on Mental Illness)

This educational program reviews safety precautions and actions family and friends can take when a person is at risk of suicide. How a person attempts – the means they use – plays a key role in whether they live or die. Space is limited.

Zoom Session

Register at: [https://us02web.zoom.us/webinar/register/WN\\_T5Adf8HfRZiqdiRNvo1Zbg](https://us02web.zoom.us/webinar/register/WN_T5Adf8HfRZiqdiRNvo1Zbg)

May 26, 2022 1:00—4:00 p.m.

**WCCS Russian River Empowerment Center Open House**

Join us at the **Russian River Empowerment Center** for an afternoon of mental health awareness and resources available to our community.

9925 Main Street, Monte Rio

Contact: (707) 823-1640 ext. 207

May 26, 2022 6:00—7:30 p.m.

**African American Mental Health Conference**

*“Out of the darkness to become the light.”*

Join **Community Baptist Church Collaborative** on Zoom.

Featured speakers are Dianna L. Grayer Ph.D., MFT and Devonderia Sanchez, LMFT

Meeting ID: 852 1517 6535 — Passcode: 769185

Send an email request to [honorjackson1121@comcast.net](mailto:honorjackson1121@comcast.net) for a link to the virtual event.

May 27, 2022 1:00—3:30 p.m.

**WCCS Interlink Self-Help Center Open House**

Come see the **Interlink Self-Help Center**, meet the staff, and learn of all the services available.

5350 Old Redwood HWY N #600, Petaluma

Contact: (707) 565-1299

June 18, 2022 10:00 a.m.—6:00 p.m.

**Text 52nd Annual Juneteenth Festival Celebration in the Park**

Juneteenth is the oldest known celebration commemorating the ending of slavery in the United States. This free event includes live Entertainment, Food, Basketball Games, Arts and Crafts, Dominoes, Kids Activities, Health, and Fitness presentations and more. We will also have Spoken Word and Zumba. Plus a scholarship presentation.

Sponsors: **City of Santa Rosa, Red Rose Catering and 100 Blackman from Sonoma County, Safe Harbor, Radio Show, Women’s Spaces, Black Forum, Blacks United, NAACP and North Bay Black Chamber of Commerce.**

Martin Luther King Park 1671 Hendley St. Santa Rosa

Contact: (707) 623-2701

