

Tamalpais Adult School

Home Care Aide Basics Free Award-Winning Course

Designed for English Language Learners at the Intermediate level and above



Classes via **ZOOM** (11 Sessions)

September 27th—December 13th, 2023

Wednesdays— 9:30am-1:00pm

(For more information visit our website at www.tamadulted.org or call 415-945-1031)

To learn more about the class attend a free orientation session via zoom. Call 415-945-1031 to register

Classes are Free

and include:

- Basics of working as a Home Care Aide
 - Guest experts from the field
- Job Fair with potential employers
- Certificate of Participation
- CPR Certification

EL Civics/IELCE:
Making A
Difference In the
Community Award
2020 Award
Winners



To Register



Use QR code:

Or go to www.tamadulted.org
click on "Register for the Home
Care Aide class"
Or call 415-945-1031



Prepare for a High Demand Career at Tamalpais Adult School

What Will You Learn?

- ◇ Roles and responsibilities of a caregiver
- ◇ Personal care (bed, bath, dressing, grooming)
- ◇ Mental health (symptoms and resources)
- ◇ Body mechanics (safety and transfer of patients)
 - ◇ Last phase of life (care, stages of grief)
- ◇ Nutrition basics (food safety, diabetes care)



What Students Say About the Class

- ◆ “I really like this course. The teacher and class are amazing!”
- ◆ “I really appreciate the opportunity to earn the course certificate for free!”
- ◆ “The course gave me self confidence“
- ◆ “I found all of the subjects to be very informative and helpful.”

For more information, call 415-945-3780 or visit www.tamadulthood.org

“I wanted to say thank you – we hired a student from the Home Care Aide class after meeting her at your Job Fair. She’s been working with us for three months so far. She’s absolutely wonderful!”

**Caroline Ziegler,
Co-Owner
Senior Helpers of Greater Marin**



More info 