



Resources for Before, During and After Wildfires Antes, Durante y Después de un Incendio Forestal

These are challenging times. Sometimes in the middle of a crisis, it's hard to find essential resources needed to help our families. Here are a few we hope will be helpful to our Matrix Community. We'll share more soon.

Estos son tiempos desafiantes. A veces, en medio de una crisis, es difícil encontrar los recursos esenciales necesarios para ayudar a nuestras familias. Aquí hay algunos que esperamos sean útiles para nuestra comunidad Matrix. Compartiremos más pronto.

County of Sonoma, Emergency Readiness, Response and Recovery: socoemergency.org

- [Emergency Preparation: customized it for families with ASD family members.](#)
- [Preparación para emergencias: personalizado para familias con familiares con ASD.](#)

Centers for Disease Control: Safety and Children with Disabilities (<https://www.cdc.gov/>)

- [Wildfires / Incendios forestales](#)
- [Helping Children with Disabilities Cope with Disaster and Traumatic Events](#)
- [Cómo ayudar a los niños con discapacidades a sobrellevar un desastre o eventos traumáticos](#)

National Child Traumatic Stress Network (<https://www.nctsn.org/>)

- [Wildfire Resources](#)
- [Wildfires: Tips for Parents on Media Coverage](#)
- [Guía para Padres con Hijos Que Han Sido Afectados por Incendios](#)
- [Los Incendios y su Cobertura en las Noticias: Recomendaciones para los Padres](#)

Healthychildren.org (<https://www.healthychildren.org>) sponsored by American Academy of Pediatrics / patrocinadores American Academy of Pediatrics

- [Wildfires: What Parents Need to Know](#)
- [Incendios forestales: información para los padres](#)

Zero to Three (<https://www.zerotothree.org/>)

- [Coping with Trauma and Stress in the Face of Wildfires](#)

American Academy of Pediatrics: Children & Disasters (<https://www.aap.org>)

- [Promoting Adjustment and Helping Children Cope](#)
- [Children and Youth with Special Needs](#)

Pediatric Environmental Health Specialty Units (PEHSU) (<https://www.pehsu.net/>)

- [PEHSU Fact Sheet on Protecting Children from Wildfire Smoke](#)
- [El humo de los incendios forestales y la salud de los niños](#)