

# Nothing About Us Without Us

## Join Us!

Are you an older adult and/or  
a person with disabilities?

Do you parent or care for  
a child with a disability?

Do you live in San Anselmo  
or another city in Marin?



Join us to share your story, which will be included in  
an anti-abelism anti-ageism workshop which will feature  
local stories and perspectives (video release required)

### MEET AT

#### Downtown San Rafael

**December 14, 2023**  
**10am-2pm**

**Location**  
(still determining)

By appointment only



**MADI** Marin Aging and  
Disability Institute



MADI is leading this workshop which will contribute to efforts promoting local Age and Disability Friendly Plans, as supported by a grant provided by the California Department of Aging.