

# information + skills + support = empowerment



MARIN CENTER FOR INDEPENDENT LIVING

## Helpline

**800.578.2592**

*Bilingual help available*

## Email

[info@matrixparents.org](mailto:info@matrixparents.org)

[helpline@matrixparents.org](mailto:helpline@matrixparents.org)

## Website

[www.matrixparents.org](http://www.matrixparents.org)

## Location

2400 Las Gallinas Avenue, Suite 100  
San Rafael, CA 94903-1454

## Matrix is designated as

A Parent Training and Information Center from the U.S. Department of Education, Office of Special Education.

A Family Empowerment Center through the California Department of Education.

A Family Resource Center and Community Navigator Program through the California Department of Developmental Services.

[www.matrixparents.org](http://www.matrixparents.org)

## ENGAGE

## Join our network

- Contact our Helpline
- Attend trainings
- Get connected
- Join a Facebook group
- Visit us on Instagram
- Tell others about us

## Serving Four Counties

Marin      Napa  
Solano      Sonoma



MARIN CENTER FOR INDEPENDENT LIVING

*Matrix Parents is a program of the  
Marin Center for Independent Living (Marin CIL).*

**1-800-578-2592**



## Helping

all families who have a child with disabilities.

## Collaborating

with professionals on behalf of children with disabilities.

## Building partnerships

with businesses and friends to support our families in inclusive communities.

[info@matrixparents.org](mailto:info@matrixparents.org)



MARIN CENTER FOR INDEPENDENT LIVING



***Empowering Families***  
of Children with Disabilities  
to successfully **UNDERSTAND**  
and **ACCESS** the systems  
that serve them

*Help & Hope from Parents for Parents*

[www.matrixparents.org](http://www.matrixparents.org)

**Why call Matrix Parents?**  
For information, support & services



## Matrix helps with

Special Education & School Life  
Parenting & Family Life  
Community Connection  
Regional Center Information  
Self Care and Self Help  
Support from Birth through Age 26  
Early Intervention Services  
Transition to Adulthood  
IEP Support  
Risky Behaviors  
Disability Awareness

## Services

1-1 Assistance  
Trainings & Workshops  
Online Training Library  
Support Groups  
Information Sharing  
Community Events  
Resources & Referrals

*Help & Hope from Parents for their Children*

1-800-578-2592



“Matrix has helped me every step of the way with my son’s needs. Transition trainings are the most important along with support groups.

.....  
The help they (Matrix) provided in getting access to appropriate resources for our learning different daughter immeasurably improved her life skills, and the support for our family during the process is something we will never forget.”

.....  
I feel supported and confident to ask about any concerns. When the quarantine began, I felt very desperate because my child was no longer going to be referred to the early start program, but Ana Acosta gave me confidence and peace of mind.

.....  
It cannot go without saying that the reason that Matrix is such an amazing resource is the people working there, tirelessly, many of whom have their own children with special needs at home. ”



*Help & Hope so All Children can Thrive*

[info@matrixparents.org](mailto:info@matrixparents.org)