



Early Start (0-3) Support Group



2nd Thursday of each month
10:30 am – 11:30am PST
On Zoom!

Welcome....

To all parents who have little ones with disabilities and are looking for a supportive community. Come and discuss your feelings and concerns. Ask questions.

For registration and questions, please contact Birgit Switenki at birgits@matrixparents.org

This support group will touch on common themes that all parents experience with their little one, including: The Grieving Process, Re-Defining of Self, Lessons Learned by Having a Child with Disabilities, Advocacy & Self Care.

- February 13, 2025
- March 13, 2025
- April 10, 2025
- May 8, 2025

Matrix Parents at Marin CIL [Marin Center for Independent Living](http://www.marincil.org) / Matrix Parents en Marin CIL (Centro Marin para la vida independiente) • www.matrixparents.org • Helpline: 800-578-2592 • Main Office: (415) 884-3535 • 2400 Las Gallinas Avenue, Suite 100, San Rafael, CA 94903-1454