



GUIDED SUPPORT FOR FAMILIES OF CHILDREN AGES 0-3 YEARS

Join Matrix Parents at Marin CIL's FREE, virtual support group, Early Start, for parents of young children (ages 0-3) living with disabilities!

Connect with a supportive community, share experiences, ask questions, and explore key parenting topics with an experienced Parent Advisor, including:

Navigating the grieving process

Redefining your identity as a parent

Lessons learned from raising a child with disabilities

Advocacy and self-care

Our Early Start Support Group meets the 2nd Thursday of each month from 10:30 AM – 11:30 AM PST via Zoom.

For registration and questions, please contact Birgit Switenki, Parent Advisor, at birgits@matrixparents.org.